



---

## BREAST BIOPSY POST-PROCEDURE CARE

1. Keep an ice pack on the biopsy area until bedtime on the day of your test.
2. **DO NOT SHOWER FOR THE NEXT 48 HOURS!**  
Direct pressure from your shower head will loosen the steri-strips that have been applied to the area. The steri-strips cannot be removed for at least 48 hours following your procedure. After 48 hours the strip can be removed. If the incision is completely healed, you may shower and continue your daily routine. If it is not completely healed, replace the steri-strips.
3. You may have slight pain and / or bruising in the area the biopsy was done. If you feel that you need to take medication for the discomfort, you may take Tylenol or Extra Strength Tylenol.  
**DO NOT TAKE APRIN OR A PRODUCT THAT CONTAINS ASPRIN FOR 24 TO 48 HOURS FOLLOWING THE PROCEDURE!**
4. No strenuous activity for the next 24 hours.
5. If excessive bleeding, swelling, pain, or fever occur, call The ODC (409) 832-2211, or your referring physician \_\_\_\_\_ phone number \_\_\_\_\_. If it is after regular office hours proceed to the nearest emergency room.
6. Your referring physician will receive a written report within two to three days. Please schedule an appointment with the referring physician to get biopsy results and follow-up care.
7. A follow-up mammogram will be done in the next 6 to 18 months depending on the findings of the biopsy. The ODC will send you a reminder letter when the follow-up mammogram is due.

I / We have read, or have had the above post-procedure care read to me / us. I / We understand what my / our responsibilities are and have had all my / our questions answered to my / our satisfaction.

\_\_\_\_\_  
Patient Name

\_\_\_\_\_  
Signature of Patient or Responsible Party

\_\_\_\_\_  
Relationship

\_\_\_\_\_  
Date

\_\_\_\_\_  
Time

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Radiologist